

EPIONCE® SUGGESTED REGIMES TO SUIT YOUR SKIN

SKIN TYPE/CONDITION	PHASE 01 CLEANSE	PHASE 02 PREPARE	PHASE 03 TREAT	PHASE 04 RENEW	PROGRAM ADJUSTMENTS
ACNE	Lytic Gel Cleanser ¹ AM/PM	Purifying Lytic Toner ² AM/PM	Lytic ¹ AM/PM	Renewal Lite Facial Lotion ³ PM	Switch to Lytic Plus after first Lytic is completed if you require a stronger product.
DRY SKIN	Milky Lotion or Gentle Foaming Cleanser ¹ AM/PM	Rebalancing Clarifier ³ AM/PM	Lite Lytic ² PM only	Renewal Facial Cream or Intensive Nourishing Cream ¹ AM/PM	May alternate Renewal Facial Cream in AM and Intensive Nourishing Cream PM if desired.
DERMATITIS (ACTIVE), ECZEMA, PSORIASIS	Milky Lotion Cleanser or Lytic Gel Cleanser ³ AM/PM	N/A	Lite Lytic ¹ AM/PM	Medical Barrier Cream ¹ (up to 3-4 times daily)	
FINE LINES & WRINKLES	Gentle Foaming Cleanser ² AM/PM	Re-Balancing Clarifier ³ PM	Lite Lytic or Lytic ¹ AM and/or PM	Renewal Facial Cream or Intensive Nourishing Cream ¹ AM/PM	
FOLLICULITIS, COMEDONES, KERATOSIS PILARIS	Lytic Gel Cleanser ² AM/PM	Purifying Lytic Toner ³ AM/PM	Lytic or Lytic Plus ¹ AM/PM	Extreme Barrier Cream ¹ or Renewal Enriched Body Lotion AM/PM	
OILY SKIN	Lytic Gel Cleanser ¹ AM/PM	Purifying Lytic Toner ³ AM/PM	Lytic Plus ¹ AM/PM	Renewal Lite Facial Lotion ² PM	Purifying Lytic Toner optional if desired for extra sebum control.
POST TREATMENT SKIN - NON ABLATIVE	Milky Lotion Cleanser ¹ AM/PM	N/A	N/A	Medical Barrier Cream ¹ As needed	Use as recommended for 3-7 days post non-ablative resurfacing procedure.
POST-WAXING, POST-LASER HAIR REMOVAL	N/A	Rebalancing Clarifier ² As needed	N/A	Extreme Barrier Cream or Medical Barrier Cream ¹	Apply immediately post-treatment to soothe and calm erythema.
ROSACEA	Milky Lotion Cleanser ² AM/PM	N/A	Lite Lytic ¹ (optional after 3 months tx with Renew Step)	Renewal Facial Cream or Intensive Nourishing Cream ¹ AM/PM	
SUNBURNED, WINDBURNED SKIN	Milky Lotion Cleanser ² AM/PM	Re-Balancing Clarifier ³ AM/PM	N/A	Extreme Barrier Cream or Medical Barrier Cream ¹ AM/PM	Re-Balancing Clarifier and Extreme Barrier Cream/Medical Barrier Cream applied as needed to re-hydrate and soothe skin.

1= Basic recommended products

2= Add this product for better results (1+2)

3= All products recommended for optimal results (1+2+3)

*All recommended Epionce home programs should include Phase 05 – Protect with Active Shield Lotion SPF 30 or Ultra Shield Lotion SPF 50 applied AM daily; reapply as needed.

Suggested Epionce programs are presented recognising every individual has unique skin care needs based on skin type, age, sensitivity, climate and daily activities. This list is not all inclusive of all conditions / Epionce programs.

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